

## ***Self Employment Training Program Testimonials***

*Rick Jeune, M.A.*

*Jeune & Associates Software Inc.*

At the pre-course orientation I was impressed about the depth of the course, the entrepreneurial perspective of the facilitators and their commitment to the course. The course reflected all that was mentioned in the introduction, and more. The topics covered an amazing breadth and depth of relevant information in a nicely positive, interactive environment. Course facilitators made themselves very available outside of the classroom to answer any follow up questions. The course presented a very positive call to action and helped me feel that I have enough tools in my business-building kit bag to move forward effectively and with confidence. I would definitely recommend the course to anyone seriously considering starting a business, regardless of his or her business experience.

*Carol Quist*

*Clay Pot Communications*

“Thank you, thank you, thank you! What a great class! I’ve really enjoyed the course and learned so much. I will definitely recommend it to others who are considering starting up a business. Thanks for generously sharing information, for encouraging us every step of the way, for believing in us, for giving us the opportunity to meet some great people – all of you and each member of our class, and for empowering us to move ahead.”

*Jim Chalmers, Chartered Psychologist*

*Centre for Change and Wellness Services*

“Thanks for your efforts. I think the biggest thing I needed to learn was to believe in myself.”

*Corky Tune*

*Chuck n’ Tomahawk*

“You will never know what you don’t know about self-employment until you learn what you learn at ACTI.”

*James Mason*

*Alberta Mobile Maintenance Inc.*

“This has been a powerful exercise. To change thinking and reinforce the inner desire to succeed. It has been a major force and turning point in my life. I am now firmly convinced I can succeed. Before this course I thought I could but did not know how to begin and I did not believe in myself the way I do now.”

## ***Personal & Professional Development Seminar Testimonials***

The session was tremendous. I feel more positive and more in control of my little voice. I especially enjoyed Paul’s presentation style. He mad it easy to step out of my “safe zones”. I would encourage anyone interested in becoming happier and more successful to participate in one of Paul’s sessions. Rick J.

Just what I needed to get believing and me motivated I am capable of one success after another! Thanks Paul for sharing your knowledge but most of all for sharing your enthusiasm for life! Cathy A.

Inspiring! Easy tools provided in an energetic participate and fun way. You learn that “you can do this.” I have the power! Maria S.

Great for all people not just those with their own business. Wish I had invited my friend going through a depression. My little voice is shaking in fear as I write knowing that it's not going to leave the chance to get out much anymore. Fun, challenging, educational & optimistic seminar. Beware - I shall return!  
Nadia R.

Excellent presentation – high energy but did not put shy people on the spot. It was like a fun full term psyche course well presented in three hours. Liked the positive aspect of the course and the cost was incredibly inexpensive. Barb D.

I found the information and exercises extremely helpful and interesting. It helped me to realize that I don't have to stay stuck in the “bull” that my mind is feeding me. The techniques presented are easy to apply and manageable. Paul is an awesome speaker and keeps it flowing and interesting! Thanks Paul! Mitch G.

I found the course very helpful to draw myself out, interacting with people, giving me some self-awareness, and helping me to see that we all share the same doubt, failures and problems in our lives. Very positive help in making me go forward and taking control of my life. Thank you! Barry R.

Excellent presentation Paul! Great job on getting all the audience participating and also making those individuals that were out of their comfort zone, comfortable. Loretta H.

The session was continually fun & full of surprises. Paul's sense of humor, combined with participation from the group and variations of learning kept the session very up bear & fun. Candy B.

This seminar was very good for getting me back on track. I also came away felling I had the confidence to go out & accomplish the goals I set for myself at the beginning of the New Year. Dawn C.

It really helps to know what to do when you get in a vicious loop of negative thoughts and feelings.  
Irwin R.

Excellent presentation/format. Loved it all. Easy to follow and understand. Good audience participation.  
Suzanne A.

Very informative. Learning the new techniques shown I believe it can change my life if I apply it/them. Very good use of my time. Thanks so much for the personal growth. Gail C.

Great seminar. I was impressed at how you were able to conduct without being tied to notes. Great audience participation. Well-organized – books – videotape. Great voice. Very personable. Congratulations on a well-run event. Well organized and very well presented. You should be proud of yourself and your staff. I look forward to your next one. Brian W.

I felt the high positive energy. I got great ideas to make my own presentations fun & effective. I loved the participants & felt a bond (because we worked & played together). I would recommend this to others. I feel more empowerment to move forward & see myself celebrating. Marilyn M.

You did a fantastic job on Saturday. You had a perfect combination of information and fun that caused a magical result – a synchronicity with the audience that made their comments fit right into what you were saying and sometimes with humorous results. I can't wait for the next one! You'll need a bigger room!  
Marilyn M.

It is very positive to have a process to use & that is one I help formulate to apply to my relationships & myself. Learning about anchors is pivotal in stopping “that little voice” so I can enjoy my life; reach my goals, & share success & experiences with others so they may reach theirs. Sharlene K

The specific techniques will be very useful in managing my little voice on a daily basis – both in my day job, as well as, my home business. Theresa R.

Topics all tied together nicely. That little voice is probably our worst enemy and need to be made our servant not master. Enthusiasm & participation are what is fun and essential. Udo R.

Thanks Paul, I'm going to implement the 'anchoring' technique. Should prove useful. Very good speaker/facilitator. Enjoyed the experience. Vera W.

When I came to this course today I was very down on myself & had a lot of negative thoughts. By the end of the session I had high energy & ready for anything. Trudy M.

The integration of questions /teaching/participation and humor made this a very effective learning experience. It would be hard to drift off. Great session. Leslie M.

In starting a new year achieving new goals in uncharted areas of my life, this timely seminar will form the foundations needed to overcome feelings of doubt and outwit that small voice within. Thanks Paul. Terry N.B.

I found this seminar very helpful because first of all it helped me to identify the little voice inside me as one that truly only wants to protect me from pain and harm. Now that it is identified I can manage it and put it in its place, which is behind me, and I can forge ahead with success. Cindy D.

There was some new information that wasn't really new but presented in a different way that I could use such as figuring how to get out of the "Negative Funks". Thanks for the "Mirror Card". I'll have to try it. Susan W.

The session was excellent & more informative. I enjoyed that participation was encouraged & helped me to affirm healthy patterns that I want to integrate into my life. Thank you Paul Anderson for your high energy. It was great! Christie L.

Very hands on. One experiences the concept enabling one to claim the process. Thank Paul. P.S. Light bulb moment – Hearing others affirm themselves was very inspirational. We all need cheerleaders to be cheerleaders in life. Dora S.

I found this topic to be a good "self-esteem" builder, which we all need on an on going basis no matter what, our pursuits are. It helps me step out of their comfort zone by interacting with others and to stay focused on one's goals, realizing one (we) are worthy, it's our God given right to dream big dreams and actively pursue them. Linda N.

The session/ w group synergy has been a positive experience for me. It was good to meet with others who face similar challenges and to share in their successes. It was also important that the struggles to become successful are not unique to one's self, but to everyone. Tools to quell the self-talk were good. Maureen P.

We all have that little voice that either holds us back, preventing us from doing what we want to do (or) causes us to procrastinate. Help on how to overcome the "negative" little voice requires training – such as we received today. What I find useful to overcome that little voice is to ask yourself the question "What is the worst thing that can happen?" then ask "What is the Best Thing that can happen?" Don W.

I thought it was a great seminar. It will help me to be more positive in doing activities that cause apprehension. Ken H.

Today activities have helped me to believe in myself again. I believe I can obtain my goals – and I know this to be true because of the successes I was able to celebrate in our small groups. Thanks! Loralee H.

Very structured approach. Good use of interpersonal actions. High energy level. Excellent use of personal experiences in interchange. Good to stress positive actions & energy. Robert K.